



Academic Summer School Year 11 or 12



Fun Factory, 1st Floor, 31 St Johns Hill,
Clapham Junction, London, SW11 1TX
www.future-foundations.co.uk
hello@future-foundations.co.uk
0800 043 7430



Contents

1. Future Foundations - Who we are
2. Overview
3. Typical Timetable
4. Suggested Tutorials & Workshops
5. Other Options
6. Contact Details

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1. Future Foundations – Who we are

“Working in
partnership
we provide
**coaching,
mentoring
and training**
to grow the
**academic
and leadership
potential** of
young people”



2. Overview

Gifted and Talented Summer School

Typically a three day programme for 50 Year 11 or 12 Gifted and Talented students

Objectives:

- Stretching the students academically through subject-specific tutorials and extension work on the common courses at University
- Helping the students to gain a greater understanding of what is needed to be successful in applying to a top university
- Helping the students become a more appealing applicant to universities by broadening their experience, horizons and challenging them to take advantage of opportunities
- Encourage the students' to take personal responsibility over their learning and broader development
- Highlight to the students the benefits of aiming high and reaching their potential
- Providing an insight into what they may do in their future careers



3. Draft Programme

Day 1

Start	Session
08:00	FF Arrival and Team Meeting
08:30	FF Set up and prepare rooms
09:30	Registration
10:00	Opening Plenary and Welcome
10:15	Icebreakers/Team Games
11:00	Tour of University
11:40	Break
12:00	Meet your tutor
12:30	Tutorial
13:15	Lunch and Free Time
14:00	Presenting with Pizzazz
	Break half way through
16:15	Closing Plenary
16:45	FF Team Meeting FF travel to University of Cambridge to do set up.

Day 2

Start	Session
08:00	FF Team Meeting & Final Set Up
09:30	Students Arrive
09:30	Opening Plenary
10:00	Team Check-in
10:30	Tutorial
11:15	Break/Free Time/Group Photo
11:45	Tutorial
12:30	Lunch
13:15	Team Building Task
14:15	Tutorial
15:05	Workshop
16:00	Admissions Talk
16:30	Break
16:45	Student Panel
17:15	Team Meeting - Review of the Day
18:00	Debating Workshop
18:30	Dinner
19:30	Debating Workshop Inspiring Stories
20:30	Free Time

Day 3

Start	Session
08:15	FF Team Meeting and breakfast
08:45	FF Team Set up
08:30	Breakfast for Students Students pack up rooms and put belongings in Porter's Lodge
09:30	Team Building Task Opening Plenary
10:00	Special Topic
10:45	Workshop
11:30	Break
11:45	Tutorial
12:30	More prep on team presentations
13:00	Lunch
13:45	Team Presentations
14:45	Closing Plenary/Photo Montage/Feedback
15:45	Free Time to Explore Cambridge FF Pack Up
18.30	Close



4. Suggested tutorial topics, workshops and group sessions

Subject Tutorials

1. English
2. Mathematics
3. Biology
4. Chemistry
5. Physics/General Science
6. Modern Foreign Languages
7. Humanities or History

Progression Skills Workshops

- | | |
|--------------------------------|---|
| 1. Are you experienced? | Key employability skills, 'soft' skills, what graduate employers are looking for, networking, informational interviews, work experience opportunities and how to find them, what is an internship and why to do one, case study of an intern's experience |
| 2. Time of Your Life | Time management – time is the currency of life, wheel of life and how to achieve balance, urgent v important, efficient v effective, majoring in major things, having a flexible plan, importance of review, sixth form scheduling |

A very important skill for young people is to be able to stand up and present. On the first day of the programme they will learn how to develop their presentation skills and will present on the final day what they have learned during the Summer School.

A) Introduce the importance of presentation skills

B) Embarrassing → expert – teaching tools and techniques in a fun and interactive way.

C) Presenting with other people: PAL model

D) Present – including students taking on leadership roles, self management and inter-team feedback using the tools and techniques taught during the first half of the session

Other activities that we will try to build into the timetable:

1. Future Life Visualisation
2. Inspiring Stories
3. Sugar Cubes
4. Team Tasks
5. Career Special Topics, e.g. Law, Teaching, Medicine and Self Employment.

5. All Options Available...

Personal Development Workshops

- Time Management
- Are you experienced?
- Interview Skills
- Enterprise
- You Choose
- Me and My Master
- Presenting with Pizzazz
- Preparing for University

Academic Tutorial Subjects

- Biology
- Physics/General Science
- Chemistry
- English
- Maths
- Economics
- Philosophy/Social Science
- Humanities
- History
- Geography
- MFL
- Art History

Leadership Topics/Workshops

- Self Leadership
- Team Leadership & Leadership Styles
- Project Management
- Community Impact
- Finding Your Voice
- Learning leadership skills through experiential learning team tasks and reviews

6. Contact details...

For more information about this programme, FF or other programmes please get in touch.

Jon Harper, Operations Director

Email: Jon@Future-Foundations.co.uk

Mobile: 07880 722 000

Office: 0800 0 437430



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