

Higher Education Preparation Days for Year 12



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1. About Future Foundations

Founded in 2004, Future Foundations (FF) is an education training organisation focused on the personal development of young people.

Working in partnership we provide coaching, mentoring and training to grow the academic and leadership potential of young people. We run immersion learning programmes which last between one and five days, both residential and non-residential throughout the UK.



There are five themes that run throughout FF programmes:

- **Take personal responsibility**
- **Be yourself**
- **Know yourself**
- **Find your talents**
- **Serve others**

2. Overview

Overview of programme:

- Typically a one-day programme
- Delivered in small groups to encourage maximum participation
- General emphasis on preparing the students' for applications to Higher Education and encouraging them to take personal responsibility over identifying the right university, choices and preparing themselves for applying
- Helping the students to create realistic plans for HE
 - Optional extra: adaption of the day to focus on science/Oxbridge

3. Typical timetable and sessions

Timing	Session
08.45 – 09.00	Registration
09.00 – 10.00	Opening Plenary
10.00 – 11.00	Carousel Workshop 1 - Choosing the right University (note, some students have dropped out of University)
11.00 – 11.15	Break
11.15 – 12.15	Carousel Workshop 2 - UCAS Form & Personal Statements
12.15 – 13.00	Group Session 1 - Self Leadership to encourage personal responsibility
13.00 – 13.45	Lunch and free time
13.45 – 14.30	Carousel Workshop 3 - Knowing Yourself
14.30 – 15.30	Group Session 2 – The Big Debate
15.30 – 16:00	Feedback & Closing Plenary

Special Topic sessions:

- Oxbridge day to be tailored
- Potentially a medical specific session
- Inspiring stories (to be included within plenary sessions)

4. Evaluation and Tracking the impact of the programme

Online Application and Aspirations Tracking

To be completed pre programme - feedback form
to be completed at event.

Skills Assessment - Third Sector Edge

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Ticket Information	
TICKET TYPE	QUANTITY
Year 12 or 13 pupil	Free
	1
Register Now	

Event Details	
Hi g	1. CREATIVITY - *Coming up with ideas *Often curious *Open to new ways of doing things *Using my imagination *
Here skill	<input type="radio"/> "This doesn't sound like me at all!" <input type="radio"/> "I'm not all that comfortable being like this, but I'd like to try" <input type="radio"/> "Now and again I can be like this but I usually need a push" <input type="radio"/> "I'm like this some of the time, but I could do more of it" <input type="radio"/> "I'm like this quite often and enjoy it when I am" <input type="radio"/> "I'm like this all, or almost all, of the time. This is my kind of thing and I like finding new ways of being like this"
Each eg. I usin	2. SELF CONFIDENCE: *Feel confident in myself *Recognise my strengths *Able to persuade others *Cope well with set-backs *
	<input type="radio"/> "This doesn't sound like me at all!" <input type="radio"/> "I'm not all that comfortable being like this, but I'd like to try" <input type="radio"/> "Now and again I can be like this but I usually need a push" <input type="radio"/> "I'm like this some of the time, but I could do more of it" <input type="radio"/> "I'm like this quite often and enjoy it when I am" <input type="radio"/> "I'm like this all, or almost all, of the time. This is my kind of thing and I like finding new ways of being like this"

Hosted By
FF, UnLtd World, SIFE UK, JGP & NESTA
Future Foundations (FF) are pioneers in providing training and support services for school pupils, students and graduates which bridge the gaps between education and the working world.
Its programmes range from summer schools helping sixth formers from state schools gain access to top universities, to design and delivery of enterprise training for Vodafone's Take A Chance programme, through to a roadshow which broadens university students understanding of the options available to them post university.
Contact:
Jon Harper



NESTA
Certificate of Achievement
Awarded to the members of the School Edge, who in the country that
of St Angela's Ursuline School
participated in the School Edge Programme
who did so well and took the lead for their school

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DARE TO DREAM
The School Edge Programme
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5. Contact details...

For more information on this programme, FF or any of our other programmes please contact us:

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